



**PRESS RELEASE
FOR IMMEDIATE RELEASE**

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**Registration is Open for Stamford Public Education Foundation's
Annual 5K Walk & Run**

Ready. Set. Go. It's Time To Step Out For Education!

STAMFORD, CT — August 21, 2023 —The Stamford Public Education Foundation (SPEF), which is dedicated to promoting equitable access to quality public education in Stamford, today announced that registration is open for SPEF's annual 5K Walk & Run on Sunday, October 1st at Mill River Park! SPEF's 5K Walk & Run encourages students, educators, parents, and community members to come together and show they care about empowering the next generation of Stamford students. With last year's attendance reaching over 380 walkers and runners, SPEF is looking forward to hosting an even bigger and better year!

The day will begin with SPEF's 5K race and its newly added "SPEFY's Fun Run," an exciting one-mile course for children under 12. Keeping with tradition, SPEF will announce the winner of the MarcUS for Change 5K Spirit Award, which is awarded to the school that has the highest percentage of participation in the event. The award includes a \$500 prize for their PTO. Will last year's winner, Stamford High School, take home the prize again?

After the races conclude, join in the free fun at SPEF's family-friendly FallFest, featuring interactive, hands-on activities for kids (presented by Kids Helping Kids and other community partners), SPEF's Books Across Stamford book giveaway, tasty fall treats, and more!

To register for SPEF's 5K Walk & Run or SPEFY's Fun Run, visit www.spefct.org/5K or call (203) 965-7733. Students participate for free, and single registration for adults is \$35. This year we are offering a special School Participation Pass that can be purchased on our website, which provides free registration for all staff and faculty at your school (increasing your chances of winning the Spirit Award!). Sponsorship packages are also available on our website.

All funds received from this special event help SPEF deliver its educational programming, such as mentoring and tutoring, to Stamford Public Schools students.

About SPEF: Founded in 1996, the mission of the Stamford Public Education Foundation is to elevate student success by delivering educational programs and solutions that promote equitable access to quality public education in Stamford. For further information, visit www.spefct.org.

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