



**PRESS RELEASE  
FOR IMMEDIATE RELEASE**

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**The Parent Leadership Training Institute  
Helps Stamford Parents Who Care Become Parents Who Lead**

**STAMFORD, CT – December 1, 2021** – Stamford’s Parent Leadership Training Institute Design Team, in partnership with the Stamford Public Education Foundation, is pleased to announce Stamford’s 22nd Class of the Parent Leadership Training Institute (PLTI) program. Stamford PLTI is looking to enroll parents, grandparents, guardians, and other adults wishing to improve the lives of children, families, and communities. This free educational program runs for 20 weeks beginning in January.

The CT Commission on Women, Children, Seniors, Equity and Opportunity created PLTI as a statewide family civics initiative to improve the lifelong health, safety and learning of Connecticut’s children by helping parents and others who care about children develop the leadership skills to make real change in schools, communities, and state and local government. PLTI graduates have gone on to serve in public offices, such as Stamford’s Board of Education and Board of Representatives. They establish programs, nonprofit organizations, scholarships, and lead community initiatives – such as the Stamford Public Schools Parent Tech Volunteers – and work in many ways to improve the lives of Stamford children, families, and residents.

Candidates are selected from a diverse pool of applicants who are both passionate and able to commit to the duration of the program. Previous PLTI classes have included a cross-section of people, including young adults to grandparents, single moms, dads, those with community leadership experience and those who are just beginning the journey of civic engagement.

Twenty-five individuals will be selected for the 2022 class. The training is offered only in English.

**Program Outline:**

- An in-person Saturday community-building retreat
- A nine-week virtual instructional course on community and personal development, plus an in-person Saturday session
- A nine-week virtual civics course on politics, policy, and media

- A written community project

Contact Regan Allan, PLTI Coordinator, at (203) 539-1722 or [rallan@spefct.org](mailto:rallan@spefct.org) for more information and to receive an application.

**About SPEF:** Founded in 1996, the mission of the Stamford Public Education Foundation (SPEF) is to deliver educational programs and resources that elevate student, educator, and parent success by bridging the gap between needs in the Stamford Public Schools and resources in our community. The Foundation strives to enable each and every student in the Stamford Public Schools to graduate high school and enter college, career training, or full-time employment ready to succeed. For further information, visit [www.spefct.org](http://www.spefct.org).

**About PLTI:** The Parent Leadership Training Institute seeks to enable parents to become leading advocates for children. The cornerstones of the program are respect, validation, and a belief that when the tools of democracy are understood, the public will actively engage in civic life.

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